

Five 13:22.60 seasons minimum

Rk	S	No.	Athlete	Nat.	Born	ALP	1500	Mile	2000	3000	5000	10000	½ Mar
1	11	30	Dieter Baumann	FRG	1965	38	3:33.51	3:51.12	4:59.88	7:30.50	<b>12:54.70</b>	27:21.53	<del>1:07:15</del>
2	10	32	Bob Kennedy	USA	1970	32	3:38.32	3:56.21		7:30.84	<b>12:58.21</b>	27:37.45	
3	9	18	Craig Mottram	AUS	1980	32	3:32.7h	3:48.98	4:50.76	7:32.19	<b>12:55.76</b>	27:34.48	
4	9	14	Alberto García	ESP	1971	31	3:35.69	<del>3:58.81</del>	4:56.08	7:32.98	<b>13:02.54</b>	27:46.12	
5	9	13	Domingos Castro	POR	1963	33	3:38.10			7:41.02	<b>13:14.41</b>	27:34.53	1:01:22
6	8	23	Galen Rupp	USA	1986	<b>30</b>	3:34.15	3:50.92		7:30.16	<b>12:58.90</b>	26:44.36	1:00:30
7	8	12	Alistair Cragg	IRL	1980	31	3:36.18	3:55.04		7:32.49	<b>13:03.53</b>	27:39.55	1:00:49
8	8	10	Markus Ryffel	SUI	1955	31	3:38.60	<del>3:58.05</del>	4:59.54	7:41.00	<b>13:07.54</b>	27:54.29	
9	7	14	Salvatore Antibo	ITA	1962	30	<del>3:43.49</del>		<del>5:05.92</del>	<del>7:43.57</del>	<b>13:05.59</b>	27:16.50	<del>1:05:03</del>
10	7	13	Collis Birmingham	AUS	1984	30	3:35.50	3:54.30		7:35.45	<b>13:09.57</b>	27:29.73	1:00:56
11	7	12	Jesús España	ESP	1978	32	3:36.53		<del>5:05.34</del>	7:38.26	<b>13:04.73</b>	<del>28:26.27</del>	<del>1:03:28</del>
12	7	9	Thomas Wessinghage	FRG	1952	34	3:31.58	3:49.98	4:52.20	7:36.75	<b>13:12.78</b>		
13	6	14	Fernando Mamede	POR	1951	32	3:37.98	<del>3:59.43</del>	<del>5:00.8h</del>	<del>7:43.94</del>	<b>13:08.54</b>	27:13.81	<del>1:04:58</del>
14	6	11	Enrique Molina	ESP	1968	33	3:38.43	<del>4:17.3h</del>		7:32.32	<b>13:07.34</b>	27:49.71	
15	6	10	Dathan Ritzenhein	USA	1982	30	<del>3:42.99</del>			7:39.03	<b>12:56.27</b>	27:22.28	1:00:00
16	6	10	Mark Carroll	IRL	1972	32	3:34.91	3:50.62	<del>5:04.97</del>	7:30.36	<b>13:03.93</b>	27:46.82	<del>1:02:36</del>
17	6	9	Robert Denmark	GBR	1968	28	3:37.99	3:55.38	<del>5:04.11</del>	7:39.55	<b>13:10.24</b>	<del>28:03.31</del>	<del>1:03:34</del>
18	6	7	Sergey Lebid	UKR	1975	29	3:38.44			7:35.06	<b>13:10.78</b>	<del>28:09.71</del>	1:01:49
19	6	7	Abel Antón	ESP	1962	33	3:37.5h		<del>5:01.35</del>	<del>7:46.08</del>	<b>13:15.17</b>	27:51.37	<del>1:03:11</del>
20	5	15	António Leitão	POR	1960	26	3:38.2h		<del>5:09.74</del>	7:39.69	<b>13:07.70</b>		
21	5	13	Ben True	USA	1985	<b>30</b>	3:36.05	<del>3:59.99</del>		7:36.59	<b>13:02.74</b>	27:41.17	
22	5	12	Matt Tegenkamp	USA	1982	30	3:34.25	3:56.38	<del>5:18.13</del>	7:34.98	<b>12:58.56</b>	27:28.22	<del>1:02:04</del>
23	5	12	Marius Bakken	NOR	1978	27	3:38.84		<del>5:01.48</del>	7:40.77	<b>13:06.39</b>	<del>28:26.36</del>	
24	5	11	Vincent Rousseau	BEL	1962	30	3:36.38	3:54.69	4:58.97	7:39.41	<b>13:10.99</b>	27:23.18	1:00:23
25	5	10	Chris Solinsky	USA	1984	26	3:35.89	<del>3:57.80</del>		7:34.32	<b>12:55.53</b>	26:59.60	
26	5	10	Jack Buckner	GBR	1961	30	3:35.28	3:51.57	4:53.06	7:40.43	<b>13:10.15</b>	<del>28:13.36</del>	
27	5	8	Nick Rose	GBR	1951	32	3:40.41	3:57.49	4:59.57	7:40.4h	<b>13:18.91</b>	27:31.19	1:01:03
28	5	7	Juan Carlos de la Ossa	ESP	1976	31				7:42.16	<b>13:09.84</b>	27:27.80	<del>1:05:58</del>
29	5	5	John Treacy	IRL	1957	30				<del>7:45.22</del>	<b>13:16.81</b>	27:48.7h	1:01:00
	1	1	Ian Hamer	GBR	1965	27	3:38.9h	3:56.19		<del>7:46.40</del>	<b>13:09.80</b>	27:57.77	
	1	1	Steve Jones	GBR	1955	26				<del>7:49.80</del>	<b>13:18.6h</b>	27:39.14	1:00:59
	1	1	Anthony Simmons	GBR	1948	27	<del>3:41.1h</del>		<del>5:05.32</del>	<del>7:51.53</del>	<b>13:21.2h</b>	27:43.59	
			<i>Mean ALP</i>		31		<i>1940s</i>	0		<i>USA</i>	6	<i>GER</i>	2
			<i>Med. ALP</i>		31		<i>1950s</i>	5		<i>ESP</i>	5	<i>BEL</i>	1
			<i>Mode ALP</i>		30		<i>1960s</i>	9		<i>GBR</i>	3	<i>ITA</i>	1
			<i>Range</i>		26	38	<i>1970s</i>	7		<i>IRL</i>	3	<i>NOR</i>	1
			<i>StDev</i>		2.4		<i>1980s</i>	8		<i>POR</i>	3	<i>SUI</i>	1
			<i>ALP &gt;30</i>		52%		<i>1990s</i>	0		<i>AUS</i>	2	<i>UKR</i>	1

Updated to the end of 2016